



# Thurrock 100 2016 Walk 8

Sunday 10 July 11 am Derwent Parade, Sth Ockendon RM15 5EF (4.6 miles)

Accessibility key:- This information is supplied in good faith but the ultimate responsibility for personal safety lies with the individual participant

- Easy paved or tarmac paths but some road crossings may not have dropped kerbs
- Unpaved paths such as grass or gravel, some kerbs.
- Rough ground, steps, stiles etc Not suitable for wheelchairs.

